# Neurological & Post Stroke Care





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# Common Conditions and Diagnosis for Neuro and Post-Stroke Management:

Recent or old stroke • Parkinson's Disease Alzheimer's Disease • Multiple Sclerosis Neuropathy with motor symptoms Spinal Cord Injury/Traumatic Brain Injury

Stroke is a disease that has one of the most debilitating neurological after effect. Other Neurological problems with a similar effect are Alzheimer's, Parkinson's, Multiple Sclerosis, Spinal Cord Injury, Traumatic Brain Injury and others. It has been proven that proper rehabilitative care made a lot in this population able to function independently and pursue good Quality of Life (QOL).

## **Our Interdisciplinary Approach**

#### **Skilled Nursing**

- Complete Skilled Nursing Physical Assessment Medication Review and Teaching
- Fall Risk Assessment Home Environment Evaluation
- Disease Process Education to Patient and Caregiver

### **Physical Therapy**

- Brief Review of History of Present Illness Strength and ROM Assessment
- Sensory & Proprioception Assessment Gait and Balance Assessment
- Neurological Testing Strengthening and Facilatory Therapy
- Neuro-Muscular Stimulation Home Safety/Barrier Evaluation and Teaching
- Home Safety Evaluation Patient / Caregiver Education
- Equipment Evaluation and Proper Use

#### **Occupational Therapy**

- Complete OT Assessment Functional Assessment and ADL's Retraining
- Facilitatory Technique Activities Contracture Management/Splinting
- Work/Task Modification Orthotic Fitting and Training
- Patient and Caregiver Teaching Self- Care & Home Management Training



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